

A large, elegant blue swirl graphic that frames the central text. It starts from the top left, curves around the top and right, and ends with a smaller swirl at the bottom right.

To care for those
who once cared
for us is one of the
highest honours

TIA WALKER



*M*ISTLEY *M*ANOR



FIVE STAR LUXURY, FIVE STAR CARE

Mistley Manor is a private, family run care home situated in Mistley on the outskirts of the picturesque town of Manningtree. It has excellent access routes, being only eight miles from Colchester, the oldest recorded Roman town in Britain, and four miles from the beautiful village of Dedham, in the heart of Constable Country.

We provide luxury, affordable residential care, for individuals or couples, in a tranquil rural setting. We also offer specialist dementia care, respite and hospital reablement stays.

Our Mission is to provide a '*Home from Home*' and we work hard to ensure that all of our residents enjoy the highest possible quality of life.

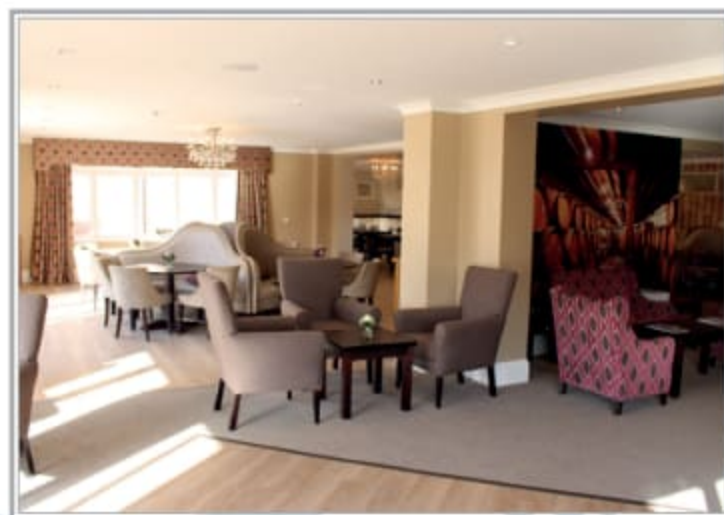
Each of our guests has their own bespoke Care Package; after all, every individual we welcome through our doors is unique and deserves to be treated as such.

Choose from a variety of luxury single private rooms, penthouse suites or independent living, in our purpose built bungalows.

We are proud to have based our entire design concept, for the care of dementia sufferers staying with us, on the acclaimed pioneering studies of Stirling University – internationally acclaimed for its research and innovation in the field of dementia.



Every aspect of Mistley Manor has been designed and built specifically to offer a luxury lifestyle for those in later life.



Home is not
where you live,
but where they
understand you

CHRISTIAN
MORGANSTERN



The highest specification facilities go hand
in hand with the highest levels of care for
all our residents.

MISTLEY MANOR AT A GLANCE

We urge you to visit Mistley Manor. Only then can you truly appreciate the care and attention that has gone into every aspect of the home, from our well considered support packages to the unparalleled interior design.

We offer:

- Luxury single rooms in a superb environment (adjoining rooms available upon request)*
- Spacious penthouse suites
- Purpose built one or two bedroom bungalows at the adjacent Mistley Grove – for independent living
- 24 hour care
- Private laundry service
- Fine cuisine dining in the Restaurant (special dietary requirements catered for)
- Relaxing lounge areas, cinema room, private library and bar
- Family room
- Free Wi-Fi
- Waiter service provided
- Specialist dementia care providing security and peace of mind for you and your loved ones. There is CCTV throughout the building as per CQC recommendations
- Private landscaped gardens – safety and tranquillity in secluded surroundings
- Dedicated activities and day trips** – join in as much or as little as you like
- Companionship if desired – avoid the isolation and loneliness felt by many living on their own
- Arranged access to GP services, dental care, chiropody and opticians
- Hair and Beauty salons**

* Subject to availability

** May be subject to a small additional charge





The great
thing about
getting older is
that you don't lose
all the other ages
you've been.

Madeleine L'Engle

ACCOMMODATION

Mistley Manor offers the perfect home for individuals or couples in a residential care setting. You can choose from a variety of accommodation including luxury, single private rooms or penthouse suites. We also have a dedicated floor specifically for specialist dementia care.

We offer respite, recuperation and reablement stays: all are ideal for anyone wishing to sample the lifestyle to be enjoyed at the Manor.

Should you wish to remain completely independent, or just live independently with a small degree of additional support, then our one or two bedroom bungalows are a great option. They may also appeal to those who wish to make a gradual transition to living in a residential care home setting.

The bungalows are located within Mistley Grove, which is accessed to the rear of Mistley Manor via a private road with electric gates.

We know how comforting it is to be surrounded by one's own possessions. Our residents are encouraged to bring along their own small pieces of furniture and other mementos to personalise their rooms.

24 hour care is available within Mistley Manor and all rooms have a state of the art nurse-call system. CCTV is installed throughout the Manor in line with CQC recommendations.

One who
cares is the one
who listens

J. RICHARD CLARKE



FOOD & DRINK

Cooking is all about people. Food is maybe the only universal thing that really has the power to bring everyone together. No matter what culture, everywhere around the world, people get together to eat. *Guy Fieri*

Just because we get older, doesn't mean that our enjoyment of food diminishes.

All of our staff fully recognise this and we take care to provide, not just the highest quality and the widest variety of food, but we also go to great lengths to ensure our residents gain pleasure from the sociable practice of sharing meals.

And whilst we take pride in serving a healthy cuisine to our guests, we also prepare the occasional naughty little treat!

Our team of highly qualified chefs works closely with a local dietician enabling us to offer fine dining whilst satisfying the wide variety of tastes and dietary requirements of our residents, every day, at every meal.

At Mistley Manor we place a high value on using locally sourced provisions wherever possible in the preparation of our seasonal menus.

The ambience in the restaurant is enhanced by the adjacent lounge bar for enjoying a pre-dinner aperitif. Visitors are also welcome to join their relative or friend for a drink from the extensively stocked bar.

Every floor has a dedicated member of our waiting staff who will serve breakfast, either in the restaurant or in the resident's room if preferred.

Main meals are served at lunchtime, and delicious cakes and pastries complement morning coffee and afternoon tea.

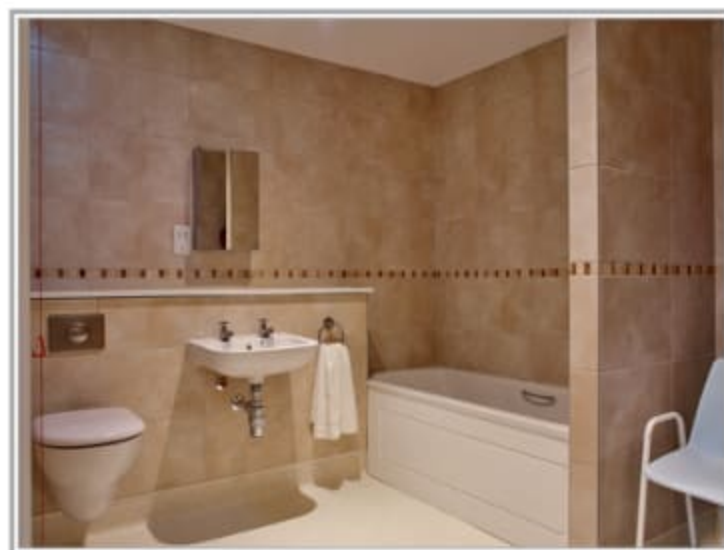


The finest ingredients are used to prepare a wide variety of seasonal menus – to suit all tastes.



Good food is
the foundation of
genuine happiness

AUGUSTE ESCOFFIER



Old age is
just a record
of one's
whole life

MUHAMMAD ALI



PRIVATE ROOMS

Our luxury private rooms are designed for single occupancy however, there is the facility to offer adjoining private rooms to couples. These can be converted to separate lounge and bedroom areas or retained as two separate bedrooms with an interconnecting door*.

Blending comfort and style, each spacious and elegant room features a comfortable single bed, specially selected soft furnishings and a range of practical furniture.

All rooms have en suite facilities, private telephones** and remote controlled televisions with satellite packages as an option.*** Our state of the art digital fibre optic system provides high speed internet and Skype.

The majority of our ground floor rooms have the added advantage of their own private patio. Here, residents can sit outside their own doors and enjoy the gardens or entertain other residents or family and friends.

Our first floor residents have access to a communal balcony terrace overlooking the tranquil landscaped gardens, where of course, our guests and their visitors can spend time whenever they wish.

While we are taking care of all the daily chores our guests will have more time to enjoy life in a safe, caring, socially active and supportive setting.

We make every effort to fulfil any special or individual requirements in order to make your private rooms a perfect match for you.

* Subject to availability

** Internal calls are free however, external calls may incur an additional charge

*** Satellite packages will incur an additional fee

PENTHOUSE SUITES

Each suite features a generously proportioned living area, a small kitchenette and well-appointed en suite facilities. The light airy interiors combine the traditional with all the benefits of modern living.

As a Penthouse Suite guest, your every wish is our desire. Our team can fulfil your every need, so that you can enjoy life to the full. Nothing is too much trouble – just ask.

Penthouse Suite residents and their visitors also have access to the Penthouse Lounge situated on the top floor.

As Penthouse Suite guests, you will naturally have access to all other areas of Mistley Manor including the beautiful tranquillity of our private landscaped gardens.

You can relax and enjoy the finer things of life whilst our dedicated staff will be working tirelessly to ensure that you are not troubled by day-to-day worries.

You are
never too old to
set another goal
or to dream a
new dream

C.S. LEWIS





Do not regret
growing older.
It is a privilege
denied to many

ANON

MISTLEY GROVE BUNGALOWS

Mistley Grove is adjacent to Mistley Manor and consists of a small exclusive development of one and two bedroom bungalows that are available to rent. Constructed in 2014, the bungalows offer stylish independent living and are designed to offer a practical and flexible alternative to residential care living. The Grove's aim is to promote and prolong independence but with the added confidence of being in a safe, socially active and supportive setting. For further security, the Grove is accessed via its own private road with electric gates.

Each bungalow features either one or two bedrooms, a spacious open plan living and kitchen area with integrated appliances and a separate bathroom. Each property has a small private enclosed garden area with a patio, where one can relax and enjoy alfresco moments with neighbours or visiting friends and family. In addition, the private landscaped gardens of Mistley Manor are at your disposal.

In fact, choice is paramount for those living at the Grove. We understand and respect the need for independence and the importance of continuing to lead an active life for as long as possible.

Providing 24 hour care and emergency assistance, if ever required. You, and your family and friends, have peace of mind knowing that care support is literally on your doorstep from the highly trained and dedicated staff team at Mistley Manor.

Maintenance worries are a thing of the past at Mistley Grove. From the outset, our onsite maintenance team is ready to attend to all internal or external property maintenance. Should you be away from your property for any period of time, you can be safe in the knowledge that it is secure and being monitored, so you need not worry about your lovely home whilst you are off enjoying your travels.

ACTIVITIES & SHOP

Much research has been undertaken and findings show that when meaningful activity is available for older people and dementia sufferers there is invariably a positive outcome.

Being engaged in meaningful activity allows an individual to feel that their life has meaning and value; that they make a difference.

Enjoying planned activities can help to lift a person's mood and subsequently individuals then feel the full benefit of rest and relaxation, post-activity.

Arkwrights Store is a shopping facility within Mistley Manor especially for use by residents, some of whom enjoy working in the shop too. It is set up to evoke the shopping experiences of yesteryear.

Over and above the everyday meaningful activities and tasks we implement to allow our guests to

remain as independent as possible, we also organise many entertaining and engaging activities and trips.

We want our residents to feel part of the local community and visit local events wherever possible. Outings to gardens, museums, theatres and the like provide stimulation and fun, and within Mistley Manor we encourage our residents to take part in regular movement and music sessions and such pastimes as making handicrafts for charity fundraising.

This is just a brief outline of the activities on offer at Mistley Manor. Should a guest have a specific interest, we make every effort to help them pursue their hobby.

*Certain organised activities may incur a small additional charge.



Growing old
is mandatory;
growing up is
optional

CHILI DAVIS

Please note – Terms and Conditions will apply to these packages.



Never
regret
something that
made
you smile

AMBER DECKERS

REABLEMENT / RESPITE STAYS

The aim of our reablement services at Mistley Manor is to assist you in regaining your independence following a hospital stay and prior to returning to your own home. You can enjoy stress-free recuperation to make a good recovery with as much or a little assistance as you require – all within the luxurious surroundings of Mistley Manor.

Our reablement packages include:

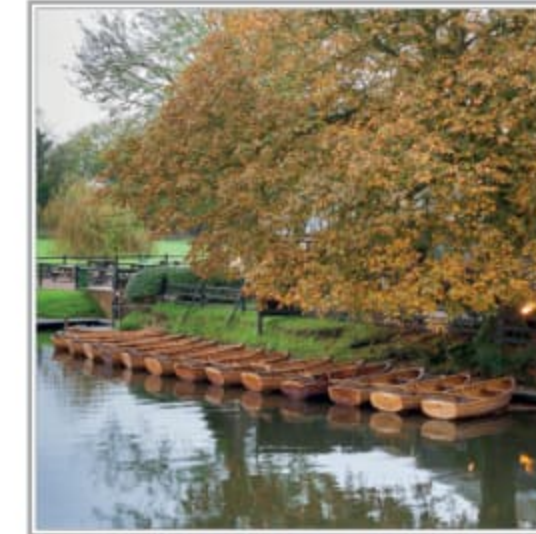
- Your own beautifully designed en suite, private room, with every available creature comfort
- All meals throughout your stay
- Breakfast served in your room if desired, or you can enjoy a delicious full English breakfast in our beautifully appointed Restaurant
- Your lunchtime meal served in the Restaurant, or if preferred, a private room service is available while you enjoy your recovery/ respite stay at Mistley Manor
- Evening 'lite-bite' meal
- Full use of all on site facilities and participation in daily events and activities
- Basic personal care and assistance throughout your stay. More complex and demanding care needs can be met but may incur a small additional fee. Please discuss your requirements with the Home Management Team
- Free Wi-Fi

Please note – Terms and Conditions will apply to these packages.

PERFECTLY FINISHED



PERFECTLY POSITIONED



CONNECTIONS

The historic coastal village of Mistley lies beside the Stour estuary in the Tendring district of northeast Essex. It is around 11 miles northeast of Colchester. Mistley has its own station which has direct services to Colchester, Harwich and London Liverpool Street.

Mistley Manor is within easy reach of the A12, both north to Suffolk and south to Colchester, the M25 and London.

EXPLORING

Mistley is situated in a designated Area of Outstanding Natural Beauty being at the easternmost point of the Stour Valley.

The characteristic English landscape made famous worldwide by artists such as Constable and Gainsborough is still recognisable today. Charming villages such as Dedham and Flatford are within easy reach for an outing for afternoon tea.

HOSTELRIES

The renowned Mistley Thorn Hotel is located in the centre of Mistley. Built as a coaching inn, circa 1723, the Mistley Thorn offers award-winning dining and tastefully designed accommodation opposite the River Stour. Other great places to eat and stay nearby include Milsoms, Maison Talbooth and Le Talbooth restaurant in Dedham, the newly refurbished Pier Hotel at Harwich or the delightful charm and character of the Wooden Fender country pub at Ardleigh.



DIRECTIONS



From the A12 (South)

Follow the A12 around Colchester, past the football ground. At Junction 29 take the A120 towards Harwich and Clacton, staying right.

Follow the road towards Harwich for 8.7 miles. At the Horsley Cross roundabout by the landmark white water tower turn left.

Follow the road for 2.5 miles and Mistle Manor will be on your left at the crossroads.

From the A12 (North)

Follow the A12 south from Ipswich. At junction 29 take the first exit from the roundabout and follow the A120 towards Harwich.

Then follow the directions as above.

